

33. South Gower Coast: Sedger's Bank

Port Eynon, Gower

Grid References	O.S. Explorer map 164 Gower. Site centre: SS470844
Status	Part of the South Gower Coast SSSI, which in turn is part of the European Natura 2000 site, the Limestone Sea Cliffs of South West Wales SAC.
Tenure	The freehold of this reserve was given to the Trust in April 1966 by the late Mr. C.P.M. Methuen-Campbell.
Size	35.1 ha (85.7 acres).
Location and Access Notes	0.5 km south of Port Eynon village, at the western side of the beach. Not accessible to wheelchairs.
Public transport	Bus numbers 114, 115, 117, 118 and 119 from Swansea Quadrant Bus Station to Port Eynon.

Description: Rocky foreshore, beach, and relict sand dune grassland.

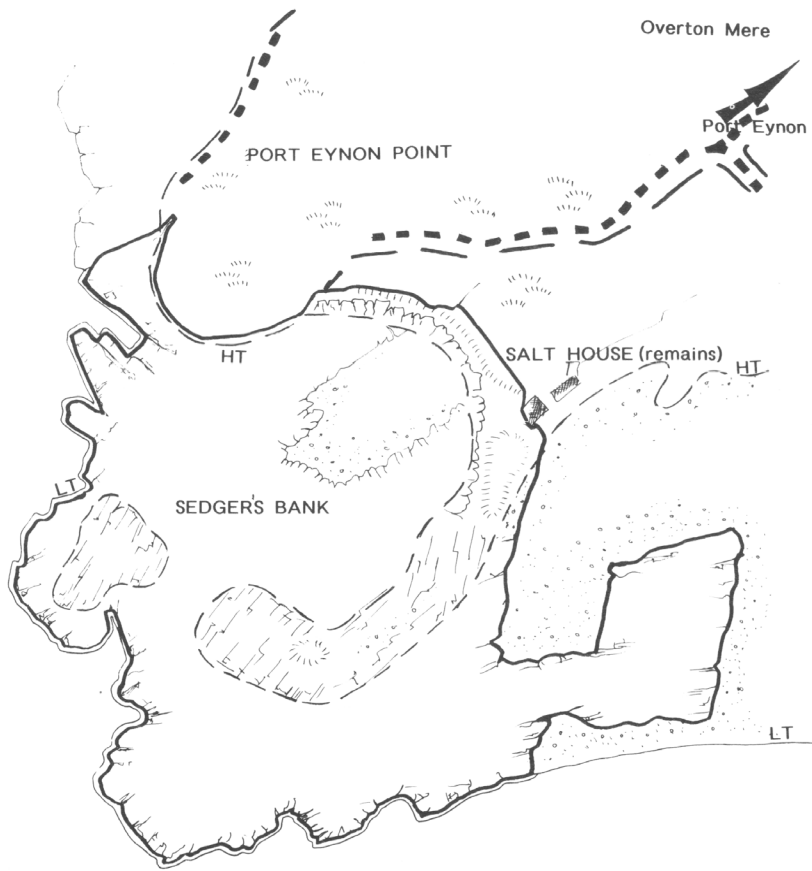
Sedger's Bank makes up a large part of the most western edge of Port Eynon Bay and the entirety of the nature reserve can only be seen on the lowest tides of the year.



The only area of the reserve which is above high water mark is made up of a small storm beach surmounted by a relict sand dune upon which Sea Bindweed (6-8), Rest Harrow (6-9), and Sea Spurge (7-10) grow.

The rest of the nature reserve is frequently covered by sea water depending on the height of the tide in the cycle between springs and neaps, and the limestone rocks provide shelter for the full range of rocky shore life including Barnacle, Mussel, Whelk, and Beadlet Anemone, together with Serrated Wrack and with a variety of red algae such as Coral Weed. The whole site is fringed at its lowest point by a forest of kelp, dominated by Oarweed.

The reserve serves as a roosting place for Purple Sandpiper and Shags at near high tide in winter, and is also a site where Grey Seal haul out.

Management Objectives: Monitor for any marine pollution incidents.



-  PATH
-  SAND/SHINGLE
-  SLOPE/OUTCROP
-  FLAT ROCK

Good times to visit - At low tide to view sublittoral animals and plants

Apr - Jun	Spring shore flowers
May - Jul	Summer shore breeding birds
Sept - Mar	Winter migratory shore birds and Grey Seals
At low tide	Rocky sea shore life